

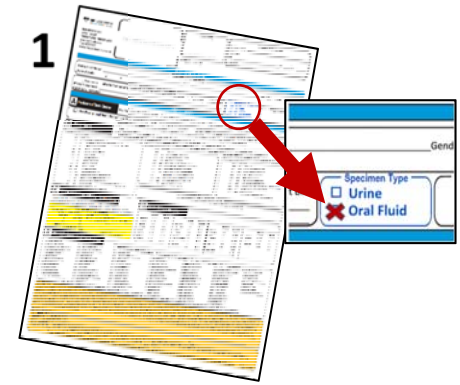
Oral Fluid Collection and Packaging Instructions

Patient Preparation

- No smoking, eating, or drinking within ten minutes prior to sample collection.
- If wearing dentures with adhesive, rinse mouth with water for one full minute, ten minutes before collection.

Please make sure to use the provided HealthTrackRx oral fluid vials.

- 1.** Complete an online order through the client portal -OR- complete a requisition order form. Ensure that you have selected ORAL FLUID as the Specimen Type.
- 2.** Fill out and place Patient ID label onto oral fluid collection vial. Ensure that the patient information exactly matches the information on the requisition order form.
- 3.** Open the oral fluid collection vial, and remove the straw from its package. Place the straw into the vial. *The straw is optional and the patient may choose to deposit directly into the collection vial.* Instruct the patient to not snort or forcefully spit (create foamy oral fluid), cough, or create sputum, and to not chew or suck on straw.



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4. Once the oral fluid has been obtained, please ensure the lid is tightly closed and securely sealed. Place the sealed vial into the biohazard bag, ensuring that only the specimen vial is in the bag.
5. Place completed requisition into the requisition pouch on the side of the biohazard bag. The requisition does not go into the bag with the specimen. Re-check to make sure the patient information on the vial matches with the requisition.
6. Place the completed biohazard specimen bag into the UPS shipping box. You can put multiple bags in a box, but be careful not to overfill.

Use the preprinted label to ship the sample(s) as soon as possible to prevent drug degradation. If the sample is not shipped on the date of collection, the sample should be refrigerated until it can be shipped.

If you have any questions, please contact your field operations representative, or send an email to client.relations@healthtrackrx.com

