

# RESPIRATORY TREND REPORT

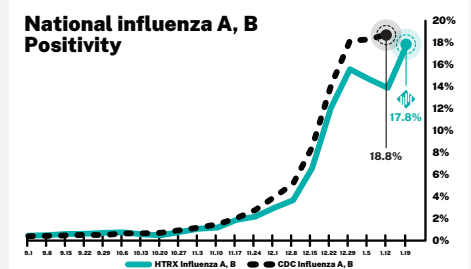
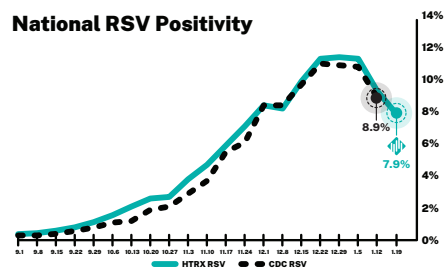
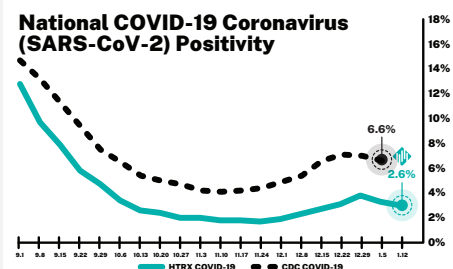
## Key Takeaways

- ▶ Influenza virus continues to surge after a brief plateau at the start of the year, reaching a national positivity rate greater than seen at any point in the 2023-2024 respiratory season.
- ▶ RSV has begun to decrease in frequency, down to 7.9% from its peak of 11.4%.
- ▶ Rhinovirus/Enterovirus is the lowest it has been all respiratory season at 9.6%, down from 38.9% the week of September 1st.

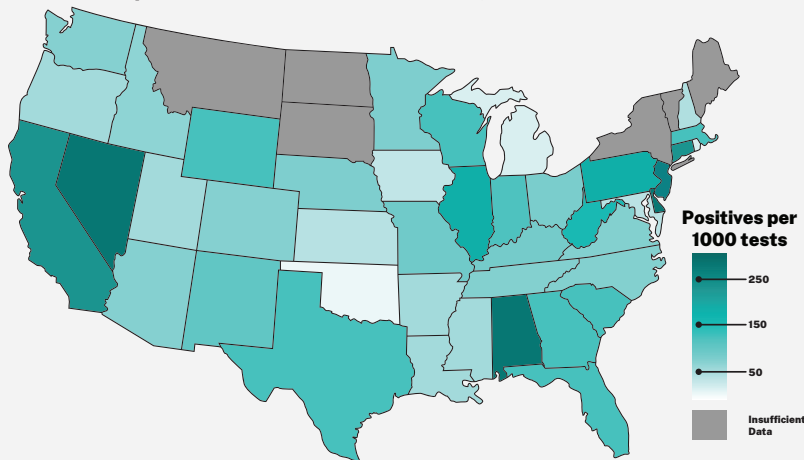
## HealthTrackRx Trend Update

After a brief lull in influenza virus circulation at the start of the new year, the virus has continued to surge in positivity, reaching 17.8% nationally, higher than at any point observed last respiratory season. Some states, including Alabama, Connecticut, Delaware, New Jersey, and Nevada are experiencing influenza positivity rates greater than 20% over the past two weeks. In the 2023-2024 season, influenza virus reached peak positivity during the week of December 17th, 2024, indicating that this 2024-2025 season appears to be at least 4 weeks later than the previous respiratory season.

Respiratory syncytial virus has begun to decrease in frequency the past couple of weeks, providing some respite as influenza virus positivity has surged. There was a recent uptick in COVID-19 cases, but this appears to have been a brief increase, as circulation has since leveled out. Given concerns of an increase in human metapneumovirus cases internationally, we will continue to monitor this virus, which currently is circulating at 1.3% positivity and tends to circulate in the U.S. during the spring.



Positives per 1000 tests for Influenza virus A, B for week of 1/5/25 - 1/18/25



## Trending Up

- ▶ Influenza virus A, B

## Trending Down

- ▶ Parainfluenzae Virus (1, 2, 3, 4)
- ▶ Respiratory syncytial virus (RSV)
- ▶ Rhinovirus / Enterovirus

## Remaining Level

- ▶ Adenovirus
- ▶ Coronavirus (229E, HKU1, NL63, and OC43)
- ▶ COVID-19 Coronavirus (SARS-CoV-2)
- ▶ Enterovirus D68
- ▶ Human metapneumovirus
- ▶ Mycoplasma pneumoniae



**Scan here to read the report online**

This report reflects observed trends in HealthTrackRx testing positivity data, does not convey medical advice, and is provided for informational purposes only. Individuals experiencing respiratory symptoms should consult with their healthcare provider.